



Why Vision Matters

Healthy vision plays an important role in how children learn, participate, and interact with the world around them. Children do not always realize they have a vision concern. Some children may adapt to blurry vision and assume that everyone sees the same way.

What Teachers Can Look For

You may notice a student:

- Squinting or frequently rubbing their eyes
- Sitting very close to books, screens, or other materials
- Having difficulty seeing the board
- Complaining of headaches or difficulty seeing
- Frequently forgetting, removing, or avoiding wearing glasses

These signs do not necessarily mean a student has a vision problem. However, if you notice any of these signs, the child should receive a dilated eye exam. Talk with the school nurse and let the parent or caregiver know about your concerns.

Supporting Students Who Wear Glasses

- Encourage: Praise students for wearing their glasses.
- Normalize: Treat glasses like any other classroom tool.
- Remind: Encourage students to wear their glasses as prescribed.
- Adjust: If a student has difficulty seeing the board, consider moving them closer to the front.
- Protect: Encourage students to respect classmates' glasses.

For more information, please contact:

Prevent Blindness Wisconsin

414-765-0505 - info@pbwi.org

wisconsin.preventblindness.org