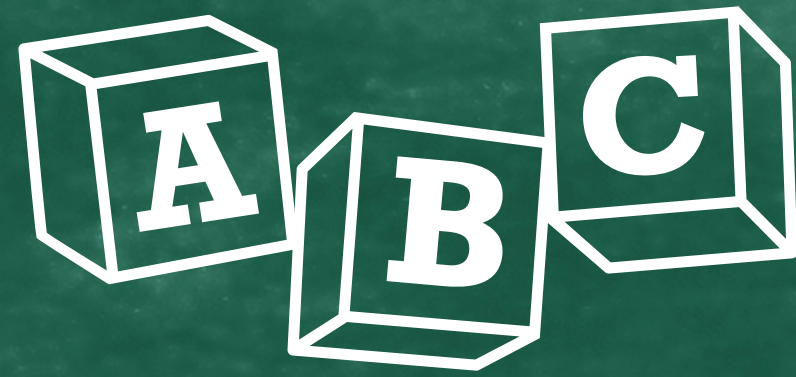


# THE ABC'S OF VISION HEALTH



Help make their eyes ready by being aware of the ABC's of vision health!

Healthy vision is vital for a child's mental, social, and physical development. The ABC's of vision health are warning signs to watch for as a child grows and develops.



## Appearance

Are they:

- Red
- Crusty
- Swollen
- Cloudy

Do they:

- Not line up



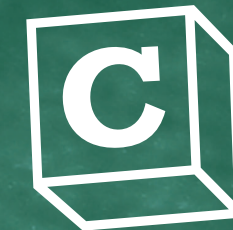
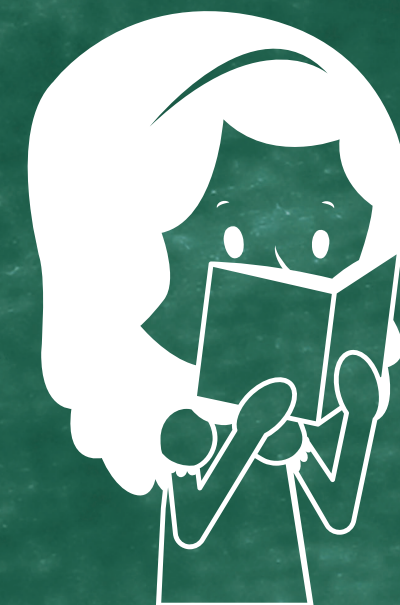
## Behavior

Are they:

- Squinting or rubbing their eyes

Do they:

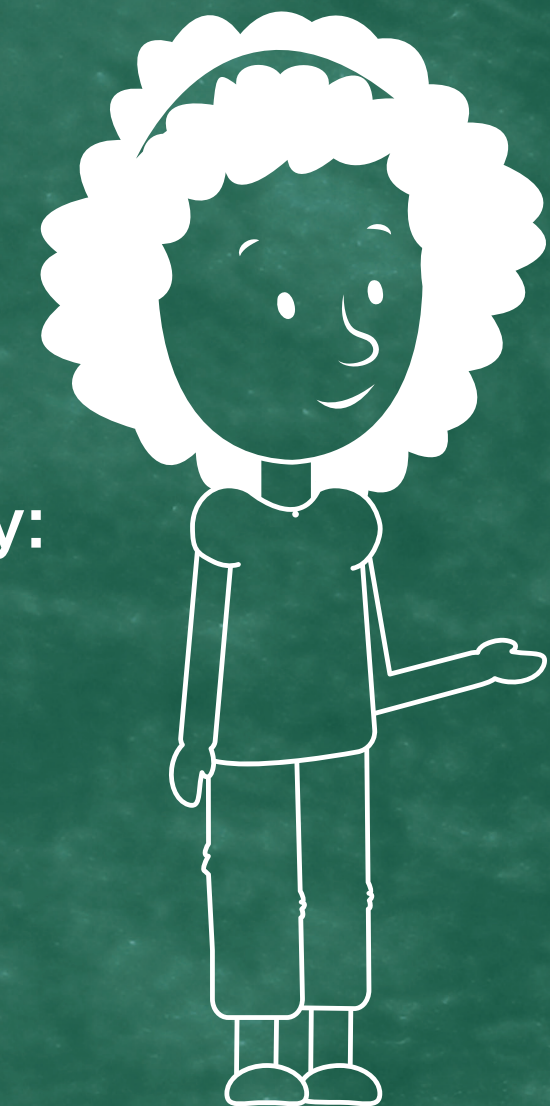
- Tilt their head
- Cover one eye
- Hold objects close to their face



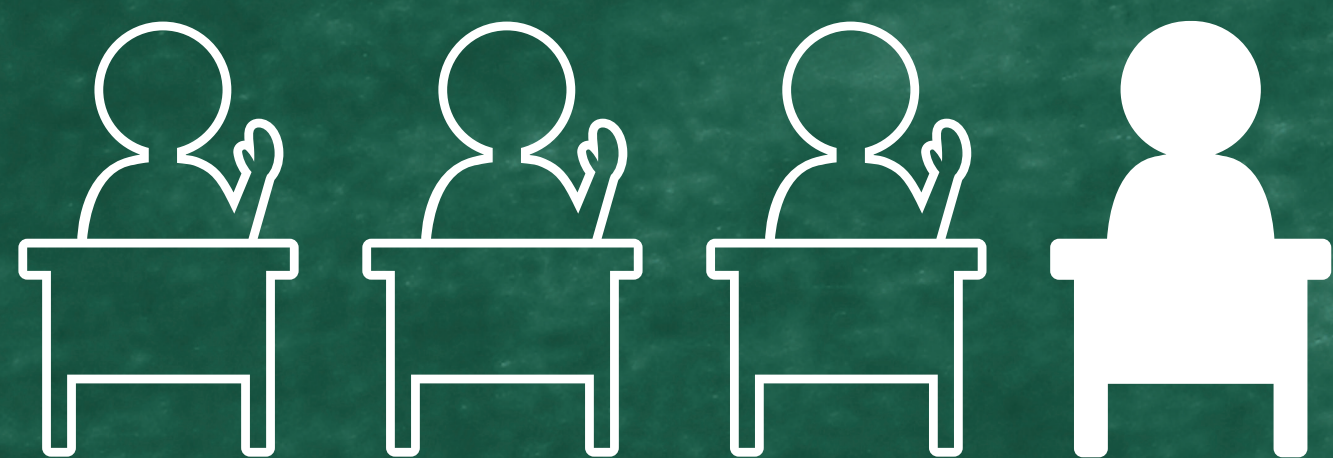
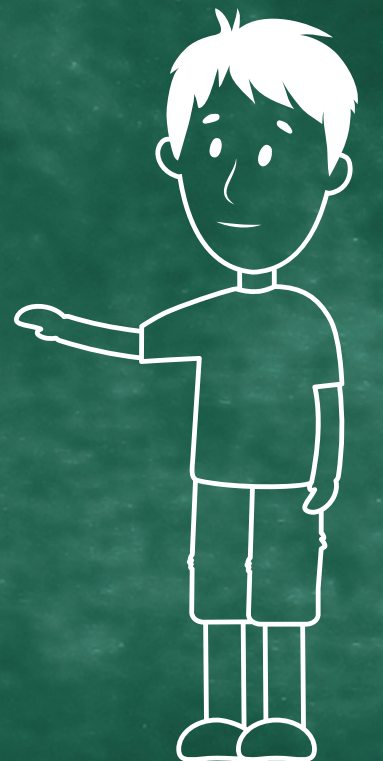
## Complaints

Do you hear the child say:

- "My head hurts"
- "I'm dizzy"
- "I can't see the board"
- "My eyes are itchy"



"The words are too tiny"



**1 IN 4**

SCHOOL-AGED CHILDREN  
HAS A VISION PROBLEM

If you notice any of the ABC's in your students, the child needs to be evaluated by an eye care provider. Notify the child's parents/guardians to make an eye doctor appointment.