



# PROTECT YOUR CHILD'S EYES FROM THE SUN

**You know the sun can damage your child's skin... but what about her eyes?**

The sun's UV rays can damage your child's eyes and cause serious vision problems later in life.

## **HOW CAN I PROTECT MY CHILD'S EYES FROM THE SUN?**

- Have your child wear a brimmed cap and sunglasses when outside.
- Be sure to purchase polycarbonate-lens sunglasses labeled to "absorb 99-100 percent of UV-A and UV-B rays."

**For more information about selecting the best UV protection for your child, visit [preventblindness.orgwi](http://preventblindness.orgwi) or ask your eye care professional.**