



PROTECT  
YOUR CHILD'S  
EYES WHEN  
PLAYING SPORTS

Photo Courtesy of Liberty Sport

**Whatever your child's game or age, using the right protective eyewear can prevent most eye injuries.**

Baseball, basketball, boxing, football, hockey, racquet sports, swimming, soccer and volleyball account for two-thirds of sports-related eye injuries.

#### **HOW CAN I PROTECT MY CHILD'S EYES?**

- Children should wear sports eye protection that meet the standards set forth by the American Society for Testing and Materials (ASTM)
- Sports safety eyewear must be appropriate for the sport and the athlete's size

**For more information about selecting the best sports eye protection for your child, visit [preventblindness.org/wi](https://preventblindness.org/wi) or ask your eye care professional.**