

THE ABC'S

SIGNS OF POSSIBLE VISION/EYE PROBLEMS

Children with any of the signs below are an automatic referral and should have a dilated eye exam.

APPEARANCE

- Eye that turns out, in, up, or down. Crossed eyes.
- Inflamed or watery eyes.
- Red-rimmed, encrusted, or swollen eyelids.
- Eyelid that sags partially covering the pupil of the eye.
- Sties or other infections on the eyelids.
- A white spot in the pupil of the eye.
- Yellowish color to the white of the eye.
- Eyes that are bloodshot, reddened, blackened, bruised or swollen, or show evidence of cuts or scrapes.

BEHAVIOR

- Body is rigid when looking at distant objects.
- Thrusting the head forward or backward when looking at distant objects.
- Tilting head to one side.
- Rubbing eyes excessively.
- Closing or covering one eye.
- Holding objects close to eyes.
- Having difficulty reading or with close work.
- Blinking excessively.
- Squinting or frowning when looking at distant objects or chalkboard.
- Reluctance to cooperate when activity requires good vision skills.

COMPLAINTS

- Headaches.
- Blurry vision, dizziness, or nausea after doing close work.
- Blurred or double vision.
- Eyes that itch, burn, or feel scratchy.
- Unusual sensitivity to light.